

Curriculum Vitae

RUSSELL CARLETON SMELLEY

Home Address
1132 Westmont Road
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Santa Barbara, CA 93108
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Gender: Male

Work Address
Westmont College 955 La Paz
Santa Barbara, CA 93108
(805) 565-6108
Ethnicity: Virginian

Education

| | | | |
|-----------|----------|------------------------------|----------------------------|
| May 1979 | MEd | Education/Physical Education | University of Richmond |
| May 1978 | BA | English & Physical Education | University of Richmond |
| June 1973 | Graduate | Prince George High School | Prince George, Virginia |

Professional Experience

September 1979 to present Westmont College Santa Barbara, California
Tenured and promoted to Associate Professor, Kinesiology September 1985

Head Coach Cross Country/Track & Field - Men & Women
Promoted to Full Professor, Kinesiology Spring 2000

January 1978 to May 1979 University of Richmond, Virginia
Graduate Assistant in Physical Education Department

September 1977 to May 1979 University of Richmond, Virginia
Head Coach Women's Cross Country/Track & Field
Assistant Coach Men's Track & Field

September to December 1977 Robious Junior High Chesterfield, Virginia
Student Teacher for certification in English, Speech,
Health and Physical Education

Professional Responsibilities

Faculty Personnel Committee 2008-09 Chair, 2015-16 Chair
Writer of Kinesiology Department Program Review Assessment 2007-2008
Faculty Program Review Committee
Coordinator Westmont Summer Camps and Facilities 1998 to 2005
Annual academic student advising for freshmen and Kinesiology majors

Annual athletic scholarship fundraising and student recruitment
Facilities Coordinator - Kinesiology & Athletics 1992 to 2000
Associate Athletic Director 1988 to 1993
Westmont Faculty Budget & Salary Committee 1990-93
Westmont Faculty Personnel Committee for Tenure and Promotion
1987-89, 1998-2000, 2009
Westmont Task Force on Faculty Load 1981-83
NAIA National Cross Country Coaches Association Officer 1988-96
NAIA National Championship Committees for Cross Country/Track & Field
1985 to 2000
Chairman Golden State Athletic Conference CC/T&F Coaches Committee
1991-94, 2012-present
Chairman NAIA District III Cross Country/Track & Field Committee 1983-
87
Delegate for NAIA to The Athletics Congress convention 1984-89

Professional Presentations/Experiences

Presentation Keynote Speaker Kansas CC/T&F Coaches Association Annual
Meeting January 2015
Presentation ICCE Conference Durban, South Africa "The Value of a
written Coaching Philosophy' September 2013
Co-presentation Coaches Global House London Olympics 'The Value of a
Coaching Philosophy' with mentor Dr. Jim Crakes, PLNU July 2012
Meet Director Westmont Cross Country Invitational 1979-2010
Virginia Spring Break T & F History trip (Gettysburg to Richmond)
1987, '88, '91, '94, '97, '00, '03, '06, '10, '15
Director Westmont Sport Skills camp ages 5-10 1994-1998
Director Westmont Track & Field Summer Camp ages 5-12 1994
Director Santa Barbara Speed Camp 1994
Produced Westmont Cross Country/Track & Field Alumni History 1990
Meet Director Santa Barbara Easter Relays 1989-1998
Meet Director Golden State Conference Track & Field Championship
1990, 93, 97, 2001, 2010-2018
Meet Director NAIA District III Track & Field Championship
1982, 84, 88, 91, 94
Meet Director NAIA District III Cross Country Championship 1984, 85, 87
Meet Director Westmont Warrior Relays 1980-1987
Golden State Conference Cross Country Men's Champions 1986, 87, 97
Golden State Conference Cross Country Women's Champions
1987, 89, 90, 91, 92, 93, 95, 96, 97, 98, 2014
NAIA District III Cross Country Men's Champions 1986, 87
NAIA District III Cross Country Women's Champions 1982,83,87,89,90,91,92,93
Meet Director Virginia Collegiate Women's Track & Field Championship
1978, 1979

Memberships

NAIA Cross Country Coaches Association
Santa Barbara Club West
US Track & Field and Cross Country Coaches Association
USA Track & Field Levels I & II certified coach 1987, 1992

Classroom Instruction Experience

| | | |
|-------------------------------------|--------------------------|-----------------|
| Adaptives & Correctives | Badminton | Squash |
| Care & Conditioning of Injuries | Fencing | Team Handball |
| Fitness for Life | Football | Tennis |
| Health Education for Teachers | Gymnastics | Volleyball |
| Motor Learning | Pickleball | Weight Training |
| Nutrition for Fitness | Racquetball | |
| Theory & Technique of Track & Field | Soccer | |
| Personal Health & Wellness | | |
| Theory of Coaching | | |
| Pedagogy and Leadership | Character and Leadership | Senior Capstone |

CURRENT TEACHING EMPHASIS IN HEALTH AND WELLNESS

Awards and Honors

NAIA Regional Indoor Track & Field Coach of the Year 2007, 2015
Teacher of the Year -Social Sciences- Westmont College - 1988, 2002
NAIA Far West Regional Indoor Coach of the Year - 2002
Inductee NAIA Hall of Fame as Coach - November 1999
NAIA Cross Country National Coach of the Year - 1995
GSAC Cross Country Coach of the Year - Men 1986, 87, 97, 2009
GSAC Cross Country Coach of the Year - Women 1987, 89, 90, 91, 92, 93, 95, 96, 97, 98, 2014
GSAC Women's Track & Field Coach of the Year - 1996, 2015, 2016, 2017
GSAC Men's Track & Field Coach of the Year - 2013, '14, '15, '16, '17
Coach of the Year NAIA District III Men's Cross Country 1986, 1987
Coach of the Year NAIA District III Women's Cross Country 1982, 1983, 1987, 1989, 1990, 1991, 1992, 1993

Omicron Delta Kappa Inductee - University of Richmond - 1979

Community Involvement

Presentation on Lee and Jackson, Daughters of the Confederacy, 2017
Presentation on Lee to Daughters of the Grand Army of the Republic, 2012
Presentation to Montecito Civil War Society November 2008
My Civil War Heroes
Presentation Westmont's Tuesday with Morals Westmont
9/11/08 *Patriotism and Christianity*
October 2007 *Life and Loss*
Seminar speaker Association of Christian Schools International Convention 2007, 2008

Speaker at Santa Barbara Athletic Round Table luncheons annually four times each semester

Guest speaker UC Santa Barbara Team Sports class 1993 - 1999

Guest speaker UC Santa Barbara Sociology of Sport class - 1999

Speaker at Santa Barbara Christian School 1988, 1994, 1998

Presentation Nordhoff High School Cross Country Team 1992-1994

Board Member - Club West Master's Track & Field 1993 to 1999

Track & Field Clinics for Santa Barbara Homeschoolers 1992-1994